

Things to Do Around Lougheed

Summer 2015

Check the town website:
www.villageoflougheed.com

Lougheed Campground – 12 fully serviced lots + 3 electricity only; ball diamonds

Lougheed Community Hall – 4921 50 Street – Lorna Bovencamp 780-386-2212 ; Holly Bovencamp 780-386-3795

Lougheed Curling Club – Ken Rawluk @780-386-2357

Lougheed Fieldhouse – 4903A 48 Street – 24 hour Fitness Centre; Drop in sports nights begin July 14 - Kim Martin @ 780-386-2234

Lougheed Senior Citizens Welcome Club – 5014 50 Street Aileen Drozdowski 780-386-2426

- ⇒ Floor Curling: Mondays and Thursdays at 2:00 pm.
- ⇒ Bingo: Friday, Doors open at 6:00 pm Start time 7:15 pm.
- ⇒ Last Monday of the Month – Senior's Potluck Supper at the Lougheed Senior's Center.
- ⇒ Whist : Alternate Thursdays with Sedgewick 7:00 pm

Churches

- St. Andrews United Church – 5003 52 Street 780 386-2337 we-r-united@persona.ca
- In Hardisty: St Paul's United Church 780-888-3944, Hardisty Messianic Congregation – 4811 49 Street 780-888-2505
- In Kinsella: Kinsella Community Church 780-336-2695
- In Sedgewick: Anglican 780-384-3805, Lutheran 780-384-3787, Nazarene 780-384-3939, Seventh Day Adventist 780-889-3776, United 780-384-3520

Leisure Activities

- Battle River Art Club - Mondays @ 7 p.m. at the Sedgewick school - Chris McMullen @ 780-384-2167
- Bingo also available in Hardisty: Hardisty Elk's Hall Sundays @ 7; Hardisty Senior's Drop In Centre Thursdays @ 1:30
- Crafts/Sewing Day – 1st Wednesday; 8:30 a.m. to 9 p.m., \$15/day; Quilting 1st Thursday - meet at the Community Hall
- Daysland Palace Theatre – 5012 50 Street, Daysland www.daysarts.ca or call 780-374-3774 for shows
- Flagstaff Community Adult Learning – 5005 50th Street in Killam - free internet & computer lab, Job Board, resume coaching; general interest classes (crafts, exercise, healthy living, etc.) & job related classes (computer, bookkeeping), free English Second Language classes www.fcal.net 780-385-3712
- Flagstaff Players Drama Club – meets in Sedgewick M J Hedeman @ 780-384-3615
- Iron Creek Flying Club shelley@ccewireless.ca between Sedgewick and Killam
- Iron Creek Museum – 5023 48 Street, Lougheed 780-386-2337; also museums in Alliance, Forestburg, Sedgewick & Strome
- Killam Gun Club – registered hand gun, small rifle & trapshooting range Stan Chevraux @ 780-385-2168
- Lougheed Flying Club – model airplanes Dwayne Simpson @ 780-384-3610
- Lougheed Library – 5004 50 Street Open Mon/Wed/Fri from 12 – 5 pm Free internet 780-386-2498
- Lougheed Trout Pond – Joe Cameron 780-261-1497
- Mopsy Tucks – 4803 50 Street – Custom sewing & costume rentals 780-386-2353
- Nights Alive – Activity centre for youth ages 14 – 17 now in Killam @ 5203 49 Ave 780-385-4148

Restaurants

- Lougheed Coffee Highway – 5007 51 Ave 780-386-3935
- Lougheed Hotel Haus Falkenstein (specializing in German Schnitzel) – 50 Street & Hiway 13 780-386-2434
- Lougheed Quick Stop & Wellness Centre – 4932 50 Street 780-261-1497
- In Hardisty: Close 2 Home 780-888-3878, Eng's Restaurant & Lounge 780-888-3577, RK's Bar and Grill 780-888-3626, The Leaf Sports Pub and Grill 780-888-2377
- In Sedgewick: Mizane Steak & Pizza 780-384-3600, Golf Clubhouse 780-384-3670, Skyway Family Dining 780-384-2271, The Wooden Spoon 780-384-3554

Service Organizations

- Flagstaff Mennonite Help Office – at the Village office Tuesdays 1 – 8 p.m. Holly Bovencamp @ 780-386-3795
- Lougheed Agricultural Society – Iris Williams @ 780-386-3834
- Lougheed Lions Club – 4928 50 Street 2nd Monday of month Vern Snethun @780-386-3979
- Lougheed Women's Institute – meets 2nd Tuesday 780-386-2169
- Royal Canadian Legion C.J. Kinross, V.C. Branch 180 – Denise Bratland @780-386-3986

Services

- Care-A-Van –volunteer drivers offer transport for medical appointments – 780-385-3976
- Community Press – weekly newspaper published on Tuesdays – 780-385-6693
- Hardisty Bottle Depot – 4904 51 Ave Tues/Wed 10 – 7; Sat 10 – 4 780-888-3839
- Laundry – at the Lougheed Quick Stop – 4932 50 Street 780-261-1497
- Iron Creek Veterinary Clinic (Sedgewick) 780-384-0003
- Roadrunner Taxi and Bus Service – 780-385-4566

Alliance – 65 km southwest
Daysland – 52 km west
Forestburg – 62 km southwest
Hardisty – 20 km southeast
Killam – 23 km west
Kinsella – 30 km north
Sedgewick – 12 km west
Viking – 50 km northwest

Sports

- Archery – L.O.S.T. Arrow Archery near Irma 780-754-2798
- Bowling available in Galahad, Heisler and Sedgewick
- Curling at the Lougheed Curling Club; also available in Hardisty, Sedgewick and Strome
- Fitness
 - ⇒ Lougheed Field House has 24 hour gym memberships
 - ⇒ Adult Fitness Classes – Lori @ 780-888-3902 in Hardisty
 - ⇒ R&R Inn (Hardisty) also has a gym
- Golf Courses – available in Daysland, Forestburg, Hardisty and Sedgewick
- Gymnastics classes – at the Lougheed Arena – Lisa Burgess 780-386-2472
- Hockey – Minor Hockey & shinny in Sedgewick & Hardisty, Killam Wheat Kings (Jr B)
- Indoor Playground / Family Resource Centre in Killam www.parentsforfuninflagstaff.com 780-385-2346
- Skiing: Valley Ski Hill (5 minutes south of Alliance on Highway 36) 780-879-2106
- Swimming:
 - ⇒ Flagstaff Regional Aquatic Centre in Killam - salt water pool with zero depth entry teach pool (early bird swim, aquasize, fitness swim, swimming lessons, competitive swimming club) – 5175 51 Ave (Highway 13) 780-385-3080
 - ⇒ Forestburg Millennium Swimming Pool – Open May to September 780-582-3866
 - ⇒ Hardisty Lake – sandy beach, swimming, playground
- Walking Club – meets on Main Street @ 9 a.m. Monday, Wednesday & Friday
- Tae Kwon Do – in Viking – Deanna Maertz @ 780-384-2003

Volunteer Opportunities

- Flagstaff Care-A-Van – volunteer drivers to medical appointments 780-385-3976
- Flagstaff Food Bank – packing & distributing hampers Tues/Thurs mornings in Killam 780-385-0810
- Flagstaff Literacy – tutoring adults in English and basic skills 780-385-3712
- Hardisty Thrift Shop – sorting & straightening, Fridays 10 –12 780-888-3875
- Lougheed Fire Department – Mike Marlow 780-386-3750
- Sedgewick Good as New Shop – sorting, cutting rags Monday & Thursday mornings Corinne Hogg @ 780-384-2146

Some Special Events Summer 2015 – Check the Community Press for more options

May 8 & 9 – Sedgewick Town Wide Garage Sales

May 18 – Annual Lougheed Sports Day

May 24 – Old Time Dance @ Sedgewick Community Hall @ 1:30 pm.

May 30 – Killam & Sedgewick SPRINT Triathlon

May 31 & June 1 – Flagstaff 4-H Achievement Days & Sale @ Killam Memorial Arena

Jun 7 – Rubber Duckie Race – Lougheed Lion's Club Fundraiser

June 8 – Flagstaff Active Living Conference for 55+ @ Providence Place in Daysland; Contact Kayla 780-384-4133

June 14 – Battle River Railway "Celebrate Summer" train ride & picnic (Heisler to Battle River Resort) Contact Muriel @ 780-879-3924

June 19 & 20 – Killam Indoor Rodeo, Parade & Street Fair; Tradeshow @ Killam Community Hall

June 20 & 21 – Forestburg Mud Bog, 8th Miles Drag & Burn Out Competition – contact Matt 780-582-2429

July 1 – Sedgewick Canada Day Parade & Celebration

July 17, 18 & 19 – Hardisty 67th Rodeo Weekend

Aug 8 – Lougheed Fair

Aug 9 – 3rd Annual 5K After Fair Day Race

Aug 25 – Parents for Fun in Flagstaff Annual Movie in the Park @ Killam Heritage Park

For more copies, contact Flagstaff Community Adult Learning at 5005 50 Street – www.fcal.net – 780-385-3712.